

## Exercise based programs (as at 18 December 2008)

Service code	Description of assessment	Fee*
EXE20	<p><b>Initial Consultation/Assessment</b></p> <p>Insurer approval must be obtained prior to undertaking the service.</p> <ul style="list-style-type: none"> <li>▪ Review of current medical and vocational status.</li> <li>▪ Communication/liaison with relevant parties.</li> <li>▪ Physiological Assessment/testing.</li> <li>▪ Screening Questionnaires relating to worker's level of function.</li> <li>▪ Program design based on above.</li> <li>▪ Exercise facility/equipment coordination (pool or gym based).</li> </ul> <p>Provider to patient ratio must be 1:1 for the duration of the consultation</p>	\$148.30 per hour to a maximum of 2 hours **
EXE21	<p><b>Subsequent Exercise Consultation/Assessment</b></p> <p>Includes -</p> <ul style="list-style-type: none"> <li>▪ program implementation - prescription and provision of exercises (land or pool based);</li> <li>▪ program monitoring;</li> <li>▪ post program screening questionnaire relating to worker's level of function;</li> <li>▪ psychosocial reassessment;</li> <li>▪ communication/liaison with relevant parties.</li> </ul>	\$148.30 per hour to a maximum of one hour**
EXE02	<p><b>Initial report</b></p> <p>Includes -</p> <ul style="list-style-type: none"> <li>▪ initial assessment report outlining results (self-reported and objective), recommendations and exercise rehabilitation plan;</li> <li>▪ current status as per medical certification and proposed outcome status;</li> <li>▪ detailed cost plan outlining proposed outcome, services required and proposed costs for insurer approval.</li> </ul>	\$148.30 per hour to a maximum of one hour**

EXE03	<p><b>Subsequent reports</b></p> <p>Progress report to be provided at the request of the referrer.</p>	\$148.30 per hour to a maximum of 30 minutes**
EXE04	<p><b>Final report</b></p> <p>Comprehensive report to be provided at the end of the service delivery detailing -</p> <ul style="list-style-type: none"> <li>▪ physiological testing results pre and post program;</li> <li>▪ worker attendance/programme compliance.</li> </ul>	\$148.30 per hour to a maximum of 30 minutes**
EXE05	<p><b>Gym membership/Entry fees</b></p> <p>Includes direct cost of membership (pool or gym). Prior approval from insurer required.</p>	Market rates
EXE06	<p><b>Travel</b></p> <p>Travel when the most appropriate management of the patient requires the provider to travel away from their normal practice.</p> <p>The insurer must provide pre-approval for travel in excess of one hour.</p> <p>If services are provided to more than one worker before leaving a venue, the fee for the journey is to be apportioned equally between workers.</p>	\$118.65 per hour**
EXE08	<p><b>Communication</b></p> <p>Any requested or required oral communication with relevant parties (treating medical practitioners, employers and insurers) relating to the treatment of a specific worker.</p> <p>Excludes courtesy communication such as acknowledgement of referral and brief updates to the medical practitioner.</p> <p>Maximum time allowable per communication of 30 minutes.</p>	\$14.90 per 6 minute block
EXE09	<p><b>Attendance at Medical Case Conferences</b></p> <p>Prior insurer approval must be obtained prior to undertaking service.</p>	\$148.30 per hour**

\* Exclusive of GST

\*\* Denotes that where the service provided is a fraction of one hour, the amount chargeable is to be calculated as that fraction of the maximum amount.