

Exercise based programs (as at 1 November 2009)

Service code	Description of assessment	Fee*
EXE20	<p>Initial Consultation/Assessment</p> <p>Insurer approval must be obtained prior to undertaking the service.</p> <ul style="list-style-type: none"> ▪ Review of current medical and vocational status. ▪ Communication/liaison with relevant parties. ▪ Physiological Assessment/testing. ▪ Screening Questionnaires relating to worker's level of function. ▪ Program design based on above. ▪ Exercise facility/equipment coordination (pool or gym based). <p>Provider to patient ratio must be 1:1 for the duration of the consultation</p>	\$155.10 per hour to a maximum of 2 hours **
EXE21	<p>Subsequent Exercise Consultation/Assessment</p> <p>Includes -</p> <ul style="list-style-type: none"> ▪ program implementation - prescription and provision of exercises (land or pool based); ▪ program monitoring; ▪ post program screening questionnaire relating to worker's level of function; ▪ psychosocial reassessment; ▪ communication/liaison with relevant parties. 	\$155.10 per hour to a maximum of one hour**
EXE02	<p>Initial report</p> <p>Includes -</p> <ul style="list-style-type: none"> ▪ initial assessment report outlining results (self-reported and objective), recommendations and exercise rehabilitation plan; ▪ current status as per medical certification and proposed outcome status; ▪ detailed cost plan outlining proposed outcome, services required and proposed costs for insurer approval. 	\$155.10 per hour to a maximum of one hour**

EXE03	<p>Subsequent reports</p> <p>Progress report to be provided at the request of the referrer.</p>	\$155.10 per hour to a maximum of 30 minutes**
EXE04	<p>Final report</p> <p>Comprehensive report to be provided at the end of the service delivery detailing -</p> <ul style="list-style-type: none"> ▪ physiological testing results pre and post program; ▪ worker attendance/programme compliance. 	\$155.10 per hour to a maximum of 30 minutes**
EXE05	<p>Gym membership/Entry fees</p> <p>Includes direct cost of membership (pool or gym). Prior approval from insurer required.</p>	Market rates
EXE06	<p>Travel</p> <p>Travel when the most appropriate management of the patient requires the provider to travel away from their normal practice.</p> <p>The insurer must provide pre-approval for travel in excess of one hour.</p> <p>If services are provided to more than one worker before leaving a venue, the fee for the journey is to be apportioned equally between workers.</p>	\$124.10 per hour**
EXE08	<p>Communication</p> <p>Any requested or required oral communication with relevant parties (treating medical practitioners, employers and insurers) relating to the treatment of a specific worker.</p> <p>Excludes courtesy communication such as acknowledgement of referral and brief updates to the medical practitioner.</p> <p>Maximum time allowable per communication of 30 minutes.</p>	\$15.60 per 6 minute block
EXE09	<p>Attendance at Medical Case Conferences</p> <p>Prior insurer approval must be obtained prior to undertaking service.</p>	\$155.10 per hour**

* Exclusive of GST

** Denotes that where the service provided is a fraction of one hour, the amount chargeable is to be calculated as that fraction of the maximum amount.